

The form tackling drill is no joke. Players stare each other down, in anticipation of the violent collision that's about to occur. Scowls and grunts and growls are one thing, but ~~at the end of the day~~ all that style means nothing, if one fails with the substance. In form tackling,

## EXPLODE A MOMENT

(2)

players must bring it on each and every rep. It's all about the hit.

A Players pride themselves on firing out like a rocket, beating their opponent to the point of contact, and delivering the blow — opposed to receiving it. Everyone wants to be the hammer, while the hails get hailed and ultimately driven to

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the ground.

Besides being quick and delivering vicious hits, tacklers squeeze the ball-runners clamping down like anacondas, sucking life from their prey. You can literally hear the air sucked from the lungs of the players after a perfectly executed hit. The best tacklers speed up on contact and keep their legs churning until their opponent is driven to the grass.

Through the heat, the cold, the  
wind and the rain. Through the  
blood, the sweat, the tears and the  
pain, Noel has made it through.  
The 13 week initiation is nearly  
over, with only 2 practice and 1  
game left to play.

SHAKE A CENTURY