



# LEADERSHIP

## LEADERSHIP

is important both on and off the football field. **LEADERSHIP** skills can be applied to your relationships with your teammates as well as your classmates, family, and friends.



## WHAT KIND OF LEADER ARE YOU?

### An Executing Leader?

- Makes things happen
- Constant need for achievement
- Works tirelessly towards a goal

### An Influencing Leader?

- Always sells the team's ideas
- Speaks up, takes charge, makes sure your group is heard

### A Relationship Building Leader?

- Glue that holds team together
- Helps to minimize distractions
- Helps to keep peace and harmony within group

### A Strategic Thinking Leader?

- Constantly absorbing and analyzing information
- Always thinking about the future and what "could be"
- Explains how past events influence present situations
- Sees countless opportunities for growth

## CHARACTERISTICS OF A STRONG TEAM:

- 1 HEALTHY CONFLICT** - strong teams don't always agree, but rather have healthy debates which brings the team closer as they are focused on the results and one common goal; disagreements aren't personalized
- 2 GOAL-ORIENTED** - prioritize what's best for the team and move forward to rally around goals that are set
- 3 BALANCED** - strong teams focus on maintaining academic standards with intensity that matches their performance on and off-the-field matches their performance on the field
- 4 EMBRACE DIVERSITY** - the best teams are made of individuals with unique skills and strengths